

Ski Trip Packing List pdf

The following is a ski trip packing list of items you may need or want to take on a snowboard or ski holiday. Obviously everyone's holiday or vacation is somewhat different, and everyone will have different ideas regarding what to pack for a ski trip. This is just a checklist guide of all the potential things you might manage to pack into your airline baggage allowance! If you don't have to fly anywhere, then go for it with your ski packing list!

Ski & snowboard equipment (if not renting)

- skis (fat powder skis if heading to a great powder destination)
- snowboard and bindings
- ski/board boots
- ski poles

Skiing/boarding clothing

- ski/ snowboard jacket (shell jacket if backcountry touring)
- ski/board pants (shell pants with zips if backcountry touring)
- thermal pants (not cotton as it captures the moisture)
- thermal top or other under-layer (not cotton as it captures the moisture)
- mid-layers e.g. long sleeve fleece or micro puffer vest
- helmet
- goggles (2 pairs if you're hitting deep powder)
- beanie (or toque if you're Canadian)
- neck warmer (neck gaitor) and/or face mask/balaclava
- ski/snowboard gloves or mittens (2 pairs if going into the backcountry)
- silk or merino wool glove inners
- glove protectors (if going to a resort with nutcrackers e.g. New Zealand club fields)

- ski/snowboard socks

Skiing and board accessories

- board leash
- wrist guards
- wax and iron if you want to DIY & petex (if you love to ride across rocks!)
- ski holder strap to hold your skis together
- ski/ snowboard lock
- boot/hand warmers (if you get particularly chilly)
- powder ribbons (if going to destinations with very deep powder if you're worried you'll lose a ski –

don't use powder straps in case of avalanche)

- lift pass holder (if going to resorts that provide little cardboard tickets e.g. various resorts in Japan,

or low key South American ski resorts)

Backcountry gear

- avalanche transceiver (beacon)
- shovel
- probe
- backpack with ski/snowboard carrying straps or ABS backpack (float avalanche airbags)
- skins or snowshoes
- ski/split board crampons
- backcountry extendable poles
- radio
- down jacket
- sunglasses (don't hike with goggles on)

- light to mid weight gloves
- water bottle

Other clothing

- “going out” clothes including warm pants
- “going out” gloves
- non slip shoes/après boots (+/- shoe chains for extra grip)
- slippers
- bathers/swimsuit
- sleeping clothes
- underwear
- socks

Other things for the ski/board jacket

- sunscreen
- lip balm
- tissues
- goggle wiper
- wipe cloth
- lift pass (if you have a pre-purchased ticket)

“First aid”

- Ibuprofen or other anti-inflammatory drugs, other painkillers
- bandaids, sports tape or water-proof dressings
- Lomotil and Stemetil (if going to a place like India)
- medications

- knee braces
- coldsore lip cream
- vitamins such as A,C,E, zinc, Echinacea (preferably combined in one tablet)

Toiletries

- nail scissors
- face moisturiser
- shampoo & hair conditioner
- deodorant
- toothpaste and toothbrush (if not in cabin luggage)
- comb or hair brush, hair accessories & hair product
- shaving gear
- cosmetics

Luggage

- boot bag (may need to take this on as cabin luggage)
- ski/snowboard bag (preferably on wheels)
- suitcase or bag (if able to take 2 bags on the plane)
- luggage locks
- luggage tags

Electronics

- mobile phone, charger & headphones
- still camera and charger
- GoPro & accessories including spare batteries
- tri-pod

- spare memory cards for cameras
- memory stick to back-up photos/videos
- electrical adapter
- laptop or tablet and charger
- power board for all these chargers!
- hairdryer (check if voltage appropriate for the country)

Other

- portable clothes line
- spare credit card
- phrase book
- sunglasses
- photocopy of passport and visa
- travel insurance information
- octopus straps if likely to travel in a taxi or a train
- drivers license
- cotton and thread
- bag for wet ski gear and/or dirty clothing
- towel (if staying in a backpackers)
- snow chains (if driving locally)

Cabin luggage

- passport and visa if required
- itinerary, E tickets and reservation confirmations
- maps and directions (if going somewhere where navigation apps aren't very good)
- toiletries for cabin luggage in small sealed plastic bag including toothbrush & small toothpaste

- sleeping tablets/pain medication
- ear plugs
- eye shades
- book, kindle or equivalent
- wallet, credit card & cash
- travel pillow
- eye glasses or contact lenses (and accessories in main luggage)
- don't pack razors, scissors, matches etc – check for prohibited items

Things to do before travel

- organise travel insurance
- make sure passport is valid for at least 6 months
- organise any visas required
- get any necessary vaccinations (e.g. if travelling to India)
- organise international drivers license if necessary (e.g. Japan, South America)
- email your itinerary to yourself in case you lose it
- ensure mobile phone is set for international roam (if not buying a SIM card when you get there)
- check electrical adapters required for the country
- photocopy passport, visa and tickets
- leave itinerary/contact information with family member and leave photocopy of passport
- consider currency exchange for at least a small amount of cash (or large amount if going to Japan)
- pay off credit card
- pay bills
- organise mail to be collected or “stopped”
- set up pet care
- download GPS app for your phone